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360

International Society for Ultrasound in Rheumatology

3rd-4th February

Milan, Italy

Infiltration

Experience 🔨

Scientific Directors: Georgios Filippou, Luca Sconfienza



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OBJECTIVES

Participants will receive all the information needed to perform both blind and ultrasound-guided infiltrations with Sinovial (linear HA), Sinovial HL and Sinogel (Hybrids cooperative complexis, NAHYCO®), including diagnostic tips, basic US training and an overview on the main characteristics and MoA of HA.

The final objective of the course is to increase confidence for the use of ultrasound for delivering Sinovial products and provide insights on the use of them for the treatment of OA.

3th February 2025

IRCCS Galeazzi - Sant'Ambrogio Hospital, Milan

SESSION 1: PRECEPTORSHIP AND LEARNING

- 14.00 Welcome and introduction G. Filippou, L. Sconfienza, IBSA HQ
- 14.15 The HA world by IBSA: from evidence to clinical practice IBSA HQ

SESSION 2: CLINICAL ASPECTS OF OA

- 15.00 Utility of US in OA: assessment of severity and differential diagnosis S. Sirotti
- 15.20 US guided vs blind injections Z. Karim
- 15.40 Sonoanatomy for US guided injections of shoulder, hip, knee and I CMC joint L. Coronel
- 16.00 Hyaluronic acid injections in degenerative and traumatic conditions F. Valli

16.20 COFFEE BREAK

- 16.40 Live demonstration on patients: US guided injections G. Filippou, L. Sconfienza, S. Sirotti
- 18.15 General questions and answers Conclusions

4th February 2025

M.A.R.C. Institute - MultiMedica Cadaver Laboratory, Milan ,

HANDS ON SINOVIAL AND SINOGEL AND PRACTICE

09.00 Introduction G. Filippou

09.10 HANDS ON:

Blind injections and US guided injections (in plane and out of plane). Anatomical pieces (shoulder, hip and knee) - Groups, 3 tutors L. Coronel, G. Filippou, Z. Karim, L. Sconfienza, S. Sirotti

11.00 COFFEE BREAK

HANDS ON: Blind injections and US guided injections (in plane and out of plane). Anatomical pieces (shoulder, hip and knee) - Groups, 3 tutors L. Coronel, G. Filippou, Z. Karim, L. Sconfienza, S. Sirotti

- 13.00 Conclusions and take home messages
- 13.15 LUNCH

SAGO° Infiltration Experience

FACULTY

Luis Coronel, Spain Georgios Filippou, Milano Zunaid Karim, England Piercarlo Sarzi Puttini, Milano Luca Sconfienza, Milano Silvia Sirotti, Milano Federico Valli, Milano

SECRETARIAT





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